

Regenesis, makers of the World's First Somatropin Rejuvenation Oral Spray would like to take this opportunity to announce **Slumber Spray**. This formulation contains proven ingredients found to help the body reach a deeper REM sleep, so one can arise more refreshed. Slumber Spray gently helps you get to sleep quickly, sleep more deeply and help you get back to sleep more quickly if you should wake during the night.

Slumber Spray should only be taken at nighttime, usually about thirty minutes prior to going to bed. You should normally wake up well refreshed and full of energy. You will not have the hangover effect you may experience with over the counter or prescription sleeping pills. Slumber Spray is not addictive.

Slumber Spray contains:

- 5-HTP (increases REM sleep; increases serotonin levels)
- Melatonin (helps the body to regulate sleep-wake cycle)
- Passiflora extract (soothes the nervous system; a known sedative)
- Hops extract (a known sedative; promotes rest and relaxation)
- Valerian root extract (a relaxant; helps produce a deep, satisfying sleep)

With our special oral delivery system you can now have the full potential of the proprietary blend of ingredients designed to help you get a great night's sleep.

TRY IT TONIGHT!

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Consult your health care provider prior to using this or any dietary supplement if you have a medical condition or concern, or are taking any medication

Interactions: No significant herb/drug interactions with Slumber Spray have been reported.

Do NOT take with prescription or other OTC sleep remedies.

Sleep Like a Kid Again!



Slumber Spray

Slumber Spray..... Sleep Like a Kid Again!

Regenesi Slumber Spray is made of:

- **5-HTP** (5-hydroxy L-tryptophan) is a naturally occurring metabolite of the amino acid tryptophan. 5-HTP is converted in the brain to serotonin, a neurotransmitter substance found at the junctions (synapses) between neurons. 5-HTP helps maintain mental and emotional well-being and promotes healthy sleep. Several clinical studies have shown 5-HTP to produce good results in promoting and maintaining sleep in normal subjects as well as those experiencing insomnia. One of the key benefits with 5-HTP in the treatment of insomnia is its ability to increase sleep quality.

- **Melatonin** is the all-natural nightcap. At night melatonin is produced by the pineal gland, to help our bodies regulate our sleep-wake cycles. The amount of it produced by our body seems to lessen as we get older. Scientists believe this may be why young people have less problem sleeping than older people. Studies suggest that supplements can hasten sleep and ease jet lag, without the hazards or side effects of prescription



sleeping pills. It may have many other uses and has been reported to make people feel better, strengthen the immune system, and reduce free radicals in the body.

In past studies, researchers have given people up to 600 to 3,000 times the usual doses - without causing any toxicity.

- **Valerian** is a popular treatment alternative to commonly prescribed medications for sleep problems because it is considered to be both safe and gentle. In studies valerian has demonstrated mild sedative and tranquilizing activity, as well as the ability to relieve anxiety. Generally, studies have shown that valerian reduces the time it takes to fall asleep and improves the quality of sleep itself. Plus, unlike many prescription sleep aids, valerian may have fewer after effects the next day, such as morning drowsiness. In addition, some experts use valerian for sleep disturbances related to feelings of depression.



- **Passion Flower** was first found to possess an analgesic (*pain-killing*) property, and to prevent, without side effects, sleeplessness. Since then, the sedative properties of Passion Flower have been observed and documented in many studies. The flavonoids in Passion Flower are primarily responsible for its relaxing and anti-anxiety effects. Today, Passion Flower is an extremely popular herb in Europe where it is often used to induce relaxation & sleep.

- **Hops** is a relaxant nerve remedy used as a sleep inducer, sedative, to relax smooth muscle function, to relax central nervous activity.

- **Vitamin B₃ (Niacin)** (*for vasodilation & increased blood flow*)

- **MSM** (inhibits pain and helps nutrients penetrate cells)

- ❖ Spray Slumber Spray toward the back of the throat. Take from 1 to 8 sprays before bedtime (most people start with 3-4 sprays).

*For a
Great
Night's
Sleep!*